



ONE-DAY RIVER TRIP CHECKLIST

Suggested Gear and Clothing:

- ___ Swimming Suit
- ___ Shorts or Long Pants (quick drying)
- ___ A Short Sleeve or Long Sleeve T-shirt or Sun-Shirt (quick drying)
- ___ Shoes to get wet while rafting i.e. water sport shoes or sneakers
- ___ Water Bottle or Cup
- ___ Hat, Sunglasses (with safety straps)
- ___ Sun Screen, SPF 15 or higher
- ___ Windbreaker (optional)
- ___ Camera (optional, at your own risk)