

## RAFT GEAR & CLOTHING CHECKLIST

### PROVIDED BY HOLIDAY RIVER EXPEDITIONS

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|--|---|
| <input checked="" type="checkbox"/> LIFE JACKET                    | <input checked="" type="checkbox"/> EATING UTENSILS, PLATES & CAMP CHAIR  |
| <input checked="" type="checkbox"/> LARGE WATERPROOF BAG           | <input checked="" type="checkbox"/> FULL COURSE MEALS lunch the first day through lunch the last day                      |
| <input checked="" type="checkbox"/> DAY BAG 8" diameter x 20" high | <input checked="" type="checkbox"/> DRINKS ice water, lemonade, juices, 1 pops/person/day-popular mixes of regular & diet |

The day bag 8" diameter x 20" high is for items you will need access to during the day. For your sleeping gear and clothing, we will furnish you with one bag 16" diameter x 2 feet high. When properly sealed, bags are usually waterproof. Once in a while one could develop a problem, so if you have concerns, test your bags. Separate storage is provided for tents and beverages. Please remember to keep your gear light and compact. The less you bring, the happier you will be. Please limit gear to no more than 15-20 lbs.

### GEAR YOU MUST BRING OR RENT FROM HOLIDAY

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| <input type="checkbox"/> CUP plastic mugs work well    | <input type="checkbox"/> LIGHT TENT back packer style, not the bulky heavy types.                 |
| <input type="checkbox"/> WATER BOTTLE (Not in Rental)  | <input type="checkbox"/> PONCHO/RAIN SUIT high quality important for Dinosaur & Desolation trips. |
| <input type="checkbox"/> SLEEPING BAG compact and warm | <input type="checkbox"/> SLEEPING PAD Compact must fit in the bag described above.                |

You can rent most of the items listed above in our Rental Sleeping Kit. We offer two varieties, our basic sleeping kit which includes a sleeping bag, sleeping pad, small pillow, rain gear and cup for \$40.00, or the same basic sleeping kit with a two-man tent for \$65.00. Rentals must be reserved in advance, especially on San Juan trips where we meet away from our headquarters. Water bottles & Mugs are available for purchase in our stores in Green River & Vernal. **Water bottles are not included in the rental kits.**

### RECOMMENDED CLOTHING & GEAR

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| <input type="checkbox"/> SWIMMING SUITS   | <input type="checkbox"/> SHIRT(S) short-sleeved, cotton, i.e. T-shirts   |
| <input type="checkbox"/> SHORTS quick drying  | <input type="checkbox"/> SHIRT(S) long-sleeved, quick dry for sun protection   |
| <input type="checkbox"/> LONG PANTS quick drying  | <input type="checkbox"/> SHOES keep dry for camp/hiking, i.e. durable sneakers or light weight hiking boots              |
| <input type="checkbox"/> HAT for sun protection, with strap   | <input type="checkbox"/> SHOES to get wet while rafting, ie water sport shoes or sneakers                                |
| <input type="checkbox"/> SUN GLASSES with safety strap  | <input type="checkbox"/> SOCKS several pair, 1 cotton, 2 synthetic, capilene or smartwool                                |
| <input type="checkbox"/> SUN SCREEN SPF 15 or higher  | <input type="checkbox"/> JACKET fleece or pile with wind/rain resistant shell  |
| <input type="checkbox"/> CHAPSTICK with sun screen  | <input type="checkbox"/> LONG UNDERWEAR (optional) med. weight smartwool/synthetic type                                  |
| <input type="checkbox"/> HAND LOTION non-fragrant   | <input type="checkbox"/> BIODEGRADABLE SOAP available at outdoor specialty stores, or ivory soap                         |
| <input type="checkbox"/> TOOTHBRUSH/PASTE   | <input type="checkbox"/> INSECT REPELLENT Deet Concentrate in small bottles works best                                   |
| <input type="checkbox"/> COMB or BRUSH  | <input type="checkbox"/> TAMPONS/ZIPLOCK BAGS 1 bag per day  |
| <input type="checkbox"/> WASHCLOTH  | <input type="checkbox"/> MEDICATION Aspirin/Ibuprofen/Tylenol and personal prescriptions                                 |
| <input type="checkbox"/> TRAVEL TOWEL dries quick   | <input type="checkbox"/> FLASHLIGHT or HEADLAMP small with extra batteries & red-light setting                           |
| <input type="checkbox"/> KLEENEX small travel pack  | <input type="checkbox"/> STUFF SACK to keep wet/dry clothes separated, i.e. pillow case or plastic bag                   |
| <input type="checkbox"/> SARONG (optional)  | <input type="checkbox"/> FISHING GEAR (optional) compact and well protected, i.e. rods in a case                         |
| <input type="checkbox"/> CAMERA (at your own risk), extra memory Cards (or film), batteries, & waterproof container | <input type="checkbox"/> EXTRA BEVERAGES (optional) NO GLASS PLEASE, liquor/ boxed-wine/ canned-beer/specialty pop/juice |
| <input type="checkbox"/> HYDRATION or FANNY PACK  | <input type="checkbox"/> EXTRA SNACKS (optional) for small children and people with diabetes.                            |
| <input type="checkbox"/> BINOCULARS (optional, at your own risk)  | <input type="checkbox"/> GROUND CLOTH (optional) for sleeping under the stars.   |
|   | <input type="checkbox"/> RIVER MAP (optional) to see where you're going.   |

**Things not to bring on your trip** - glass-bottled beverages, radios, firearms, pets, and large amounts of cash beyond what you'll want for your guide's gratuity. Do not bring expensive jewelry, watches or electronics i.e. cell phones, laptops, tablets, etc. **Warning:** In the event of a loss regardless of fault our insurance will not cover these expensive items. **\*\*If you do decide to bring any of these items along with you to the meeting point for your trip, the most secure location to leave them behind would be at your hotel in their safe or locked up in the trunk of your vehicle. As a last resort we have a non-secure location at our headquarters (except San Juan trips), but we cannot assume responsibility for these items.**

### EARLY OR LATE SEASONS SUPPLEMENTS (May, June and Sept. on all trips.)

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| <input type="checkbox"/> STOCKING CAP                 | <input type="checkbox"/> WETSUIT BOOTIES (optional) replaces water sport shoes above          |
| <input type="checkbox"/> GLOVES lightweight/synthetic | <input type="checkbox"/> PILE OUTERWEAR in addition to a quality jacket, synthetic pile pants |
|   | <input type="checkbox"/> LONG UNDERWEAR medium weight smartwool/synthetic type                |

There is a greater chance of inclement weather on these trips which otherwise offer many advantages to the well-prepared river traveler. **Smartwool, fleece, pile, capeline, etc.** are a few examples of trade names for a class of synthetic materials that retain their ability to insulate when wet (please note, cotton does not). Your comfort on the trip starts with finding the right type of synthetic under and outer-wear and quality rain gear. We recommend Backcountry.com for your additional river trip needs. They offer a wide variety of gear to help you dress for success while on your river trip. A prepared traveler is a happy traveler.

**ITEMS YOU CAN BUY AT HOLIDAY'S ONLINE STORE:** <http://www.bikeraft.com/products/> or at our accessories stores in Green River and Vernal; the meeting points for our Cataract, Westwater, Desolation, Lodore and Yampa trips (not San Juan Trips.)

**ITEMS YOU CAN BUY AT BACKCOUNTRY.COM**