

RAFT GEAR & CLOTHING CHECKLIST

PROVIDED BY HOLIDAY EXPEDITIONS

- | | |
|--|---|
| <input checked="" type="checkbox"/> LIFE JACKETS | <input checked="" type="checkbox"/> EATING UTENSILS AND PLATES |
| <input checked="" type="checkbox"/> WATERPROOF BAG | <input checked="" type="checkbox"/> FULL COURSE MEALS lunch the first day through lunch the last day |
| <input checked="" type="checkbox"/> DAY BAG 8" diameter x 20" high | <input checked="" type="checkbox"/> DRINKS ice water, lemonade, juices, 2 pops/person/day-popular mixes of regular & diet |

The day bag is for items you will need access to during the day. For your sleeping gear and clothing, we will furnish you with one bag 16" diameter x 2 feet high. When properly sealed, bags are usually waterproof. Once in a while one could develop a problem, so if you have concerns, test your bags. Separate storage is provided for tents and beverages. Please remember to keep your gear light and compact . . . the less you bring, the happier you will be.

GEAR YOU MUST BRING OR RENT FROM HOLIDAY

- | | |
|--|---|
| <input type="checkbox"/> CUP plastic mugs work well. | <input type="checkbox"/> PONCHO/RAIN SUIT high quality important for Dinosaur & Desolation trips. |
| <input type="checkbox"/> SLEEPING BAG compact and warm | <input type="checkbox"/> SLEEPING PAD/AIR MATTRESS Compact, must fit in the bag described above. |
| <input type="checkbox"/> GROUND CLOTH waterproof | <input type="checkbox"/> LIGHT TENT back packer style, not the bulky, heavy types. |

You can rent the items listed above in our sleeping rental kit. We offer two varieties, our basic sleeping kit which includes a sleeping bag, sleeping pad, ground cloth, rain gear and cup for \$40.00, or the same basic sleeping kit with a two-man tent for \$65.00. Rentals requested the morning of the trip are subject to availability.

RECOMMENDED CLOTHING

- | | |
|---|---|
| <input type="checkbox"/> SWIMMING SUITS | <input type="checkbox"/> SHIRT(S) short-sleeved, cotton, i.e. T-shirts |
| <input type="checkbox"/> SHORTS quick drying | <input type="checkbox"/> SHIRT(S) long-sleeved, cotton for sun protection |
| <input type="checkbox"/> LONG PANTS quick drying | <input type="checkbox"/> SHOES keep dry for camp/hiking, i.e. durable sneakers or light weight hiking boots |
| <input type="checkbox"/> HAT for sun protection, with strap | <input type="checkbox"/> SHOES to get wet while rafting, ie water sport shoes or sneakers |
| <input type="checkbox"/> SUN GLASSES with safety strap | <input type="checkbox"/> SOCKS several pair, 1 cotton, 2 polypropylene or wool |
| <input type="checkbox"/> SUN SCREEN SPF 15 or higher | <input type="checkbox"/> JACKET fleece or pile with wind/rain resistant shell |
| <input type="checkbox"/> CHAPSTICK with sun screen | <input type="checkbox"/> LONG UNDERWEAR (optional) med. weight polypropylene/synthetic type |
| <input type="checkbox"/> HAND LOTION small plastic bottle | <input type="checkbox"/> BIODEGRADABLE SOAP available at outdoor specialty stores, or ivory soap |
| <input type="checkbox"/> TOOTHBRUSH/PASTE | <input type="checkbox"/> INSECT REPELLENT concentrates in small bottles works best, i.e. Musk brand |
| <input type="checkbox"/> COMB or BRUSH | <input type="checkbox"/> TAMPAX/ZIPLOCK BAGS 1 bag per day |
| <input type="checkbox"/> WASHCLOTH | <input type="checkbox"/> MEDICATION Aspirin/Ibuprofen/Tylenol and personal prescriptions |
| <input type="checkbox"/> TRAVELTOWEL dries quick | <input type="checkbox"/> FLASHLIGHT small with extra batteries |
| <input type="checkbox"/> KLEENEX small travel pack | <input type="checkbox"/> STUFF SACK to keep wet/dry clothes separated, i.e. pillow case or plastic bag |
| <input type="checkbox"/> WATER BOTTLE | <input type="checkbox"/> FISHING GEAR (optional) compact and well protected, i.e. rods in a case |
| <input type="checkbox"/> DISPOSABLE CAMERAS (optional) | <input type="checkbox"/> EXTRA BEVERAGES (optional) NO GLASS PLEASE, liquor/ wine/ canned-beer/wine coolers/specialty pop/juice |
| <input type="checkbox"/> FANNY PACK (optional) | <input type="checkbox"/> EXTRA SNACKS (optional) for small children and people with diabetes. |
| <input type="checkbox"/> SARONG (optional) | |

DO NOT BRING glass-bottled beverages, radios, firearms, pets, and non-waterproof wristwatches. Please limit gear and clothing to no more than 15-20 lbs. **Warning:** Expensive cameras, binoculars, or other items should not be brought on your trip. In the event of a loss our insurance will not cover these items.

EARLY OR LATE SEASONS SUPPLEMENTS (May and Sept. on all trips and in June on all Yampa and Lodore trips.)

- | | |
|--|---|
| <input type="checkbox"/> STOCKING CAP wool/polypropylene | <input type="checkbox"/> WETSUIT BOOTIES replaces water sport shoes above |
| <input type="checkbox"/> GLOVES wool/polypropylene | <input type="checkbox"/> PILE OUTERWEAR in addition to a quality jacket, synthetic pile pants |
| | <input type="checkbox"/> LONG UNDERWEAR medium weight polypropylene |

There is a greater chance of inclement weather on these trips which otherwise offer many advantages to the well-prepared river traveler. **Polypropylene, fleece, pile, bunting, capeline, etc.** are a few examples of trade names for a class of synthetic materials that retain their ability to insulate when wet (please note, cotton does not). Your comfort on the trip starts with finding the right type of synthetic under and outer-wear and quality rain gear. We recommend Cascade Outfitter's online River Traveler store and flier (enclosed with your confirmation). River Traveler's online store will walk you through the basics of how to dress for success on your trip. A link to the River Traveler store can be found on Holiday's website at: www.HolidayExpeditions.com/sitemap/friends.php3 or call them at 1-800-223-7238 and tell them you are on a Holiday Expedition trip.

ITEMS YOU CAN BUY AT HOLIDAY'S ONLINE STORE: www.HolidayExpeditions.com/store or at our accessories stores in Green River and Vernal; the meeting points for our Cataract, Westwater, Ranch, Desolation, Labyrinth, Fisher Towers, Lodore and Yampa trips.

ITEMS YOU CAN BUY AT BACKCOUNTRY.COM: www.bikeraft.com/expeditions/trips/rafting/check.php3